EMDR SINGAPORE PRESENTS

EMDR
EYE MOVEMENT DESENSITIZING AND REPROCESSING THERAPY

EMDR THERAPY BASIC TRAINING - PART 1

Eye movement desensitization and reprocessing (EMDR) is a form of psychotherapy that was developed by Dr Francine Shapiro to resolve symptoms and disorders resulting from unresolved distressing life experiences such as violence, natural disaster or childhood trauma. It uses a structured approach to address past, present, and future aspects of disturbing memories. It is an integrative therapy, synthesizing elements of many traditional psychological orientations.

30 Aug - 1 Sept 2019 | 9.30 AM - 5.30 PM
2 Sept 2019 | 9.30 AM - 1 PM

Venue: CANA, 55 Waterloo St, Level 3, Singapore 187954 (St Mary Room)

This training is certified by Trauma Recovery/EMDR Humanitarian Assistance Program (HAP), USA, and in collaboration with EMDR Asia.

EMDR Therapy Basic Training has two parts of classroom training of 3 days each. Format includes lecture, video demonstrations and supervised practice.

Five hours of case consultation with an approved consultant after each part is a requirement for receiving the certificate of completion.

Day 4 (half day) of Part 1 counts as one hour of consultation towards the 5-hour requirement.

www.emdr.sg
ELIGIBILITY:
THIS IS A HIGHLY SPECIALIZED THERAPY THAT REQUIRES SUPERVISED TRAINING FOR THERAPEUTIC EFFECTIVENESS AND CLIENT SAFETY. A CLINICAL BACKGROUND IS NECESSARY FOR PROPER APPLICATION OF THE EMDR THERAPY. CANDIDATES MUST HAVE:

(A) 4-YEAR BASIC DEGREE IN PSYCHOLOGY, PSYCHIATRY, COUNSELING OR SOCIAL WORK. PLUS 2 YEARS POST-DEGREE SUPERVISED CLINICAL WORK EXPERIENCE.
OR
(B) 2-YEAR MASTER’S DEGREE IN PSYCHOLOGY, PSYCHIATRY, COUNSELING OR SOCIAL WORK, PLUS 1 YEAR POST-DEGREE SUPERVISED CLINICAL WORK EXPERIENCE.

CANDIDATES ARE TO BE CURRENTLY IN CLINICAL PRACTICE TO COMPLETE THEIR CONSULTATION REQUIREMENTS.

DOCUMENTATION TO BE SUBMITTED.

Registration and Payment
Enquiries: secretary.emdr.sg@gmail.com

COST
MEMBERS: $750
NON-MEMBERS: $850
Closing Date: 30 July 2019

Please note:
- Additional fees apply for the remaining 4 consultation hours.

ABOUT THE TRAINER:
DR. SUSHMA MEHROTRA (M.PHIL AND PHD IN CLINICAL PSYCHOLOGY) WAS ASSOCIATED AS A FULL TIME FACULTY MEMBER AT SNDT WOMEN’S UNIVERSITY FROM 1990-2004. SHE STARTED HER CAREER AS AN ACADEMIC AND CONTINUED TO GUIDE DOCTORAL STUDENTS TILL 2016. SHE HAS WORKED IN THE AREA OF MENTAL HEALTH AND PUBLIC HEALTH NOT ONLY IN INDIA BUT IN OTHER ASIAN COUNTRIES AND HAS BEEN INSTRUMENTAL IN PIONEERING SYSTEMS THAT HAVE IMPACTED REACH AND SERVICE PROVISION. SHE HAS SEVERAL ACADEMIC RESEARCHES TO HER CREDIT besides CONTRIBUTING TO THE CHAPTERS IN 2 BOOKS. SHE IS A TRAINER FOR EMDR THERAPY IN INDIA, BANGLADESH, SRI LANKA AND PHILIPPINES, AND IS THE FOUNDING PRESIDENT OF EMDR ASIA AS WELL AS EMDR ASSOCIATION INDIA. WHILE, CURRENTLY IN PRIVATE PRACTICE, SHE ACTIVELY VOLUNTEERS FOR DISASTER RELIEF EFFORTS SUCH AS THE EARTHQUAKE IN NEPAL AND THE FLOODS IN KASHMIR, IN 2015.

ABOUT THE TRAINER-IN-TRAINING

WWW.EMDR.SG