

ERP - Emergency Response Protocol

17 March 2015 (0.5 day workshop)

Changi General Hospital, Trauma Recovery and Corporate Solutions (TRaCS)

The Emergency Response Procedure (ERP) was initially developed to help victims within hours of a terrorist attack, but can be applied in the minutes and hours following any trauma. Often, in the initial period immediately after the incident, the patient has difficulty in orienting to the present after having experienced danger to self, family or friends. When the clinician reorients a person to their present state of safety with ERP, she is assisting in a crucial task of adaptation by helping the victim's brain to understand that the danger has passed and the person is safe in the present.

The goal of ERP is to support patients in recognizing that they are 'safe now' from the trauma that has just occurred. The incident is in the past and they can resume a present time orientation, as evidenced by calmer behaviour and the ability to communicate verbally.

The ERP is versatile and has been utilized in the following locations and situations:

- Emergency room
- During initial hospitalization
- Immediate intervention in communal distress centers
- Critical incident scenes such as car accidents, earthquakes, natural or human-made disasters, death of a loved one, and in ambulances
- Abreaction during the initial history taking, prior to the Preparation Phase of EMDR
- During EMDR, and at other times when patients appear to be deeply fearful, it can be used as an interweave, to return them to a sense of present-time safety.

Participants of this workshop will be trained in the use of the manualized Emergency Response Protocol.

Trainer: Dr. Gary Quinn

Dr. Gary Quinn is a psychiatrist, and Director of the Jerusalem Stress and Trauma Institute and Clinical Assistant Professor of Psychiatry at Ohio State University. He is an accredited EMDR trainer, recognized by EMDR Institute Inc. and EMDR Singapore.

He specializes in Crisis Intervention, the treatment of Anxiety Disorders, and the treatment of Post-Traumatic Stress Disorder following military trauma, terrorist attacks and motor vehicle accidents. He is also the Co-Founder and Co-Chairman of EMDR-Israel.

Dr. Quinn has conducted numerous trainings in Israel and runs supervision groups. Dr. Quinn has been the primary trainer in Hong Kong and Korea, and has been appointed "Trainer of Trainers, Asia". Dr Quinn participated as a trainer for the HAP (Humanitarian Assistance Program) in Turkey following the earthquake. He went to Thailand after the tsunami in 2004. He has volunteered in medical hospitals after terrorist attacks and went between the bomb shelters in the last Lebanon Israel war (2006) to treat patients with ASD and PTSD. In those bomb shelters he utilized the group disaster protocol developed for children. This same protocol helped children after the Tsunami in Thailand to return to the water. Dr. Quinn developed the Emergency Response Protocol (ERP) to treat victims of trauma with EMDR within hours of the incident when they are suffering from speechless terror with multiple rapid flashbacks to be able to talk and deal with their terror. This protocol has not yet had validating studies but was presented to the trauma conference of the United Kingdom and Ireland EMDR Society in Glasgow, Scotland. It was again presented to the World Psychiatric Association Regional meeting in Seoul, South Korea and the Europe EMDR society annual meeting in Paris and later in London.

Dr. Quinn was invited as a PTSD expert addressing the staff as well as policy makers from the Ministry of Health, Singapore. He was the keynote speaker at the Changi General Hospital, Trauma Conference 2009.



ERP Workshop Schedule

Course	Duration	Time	Date	Price
ERP	0.5 day	9-12noon	17 March 2015	\$350/pax (with GST)

Cost includes morning tea on training day

Registration Form (Closing Date: 2 Mar 2015)

Title: _____ Name: _____ MCR No: _____

Postal Address: _____

Occupation: _____ Office Tel: _____

Organisation: _____

Email: _____ Mobile: _____

Cheque# : _____

Registration & Payment

1. For interested parties, please register with **Ms Pauline Soon**. Email: Pauline_Soon@cgh.com.sg
2. Registration fees are non-refundable, but replacements are acceptable.
3. Do ensure your cheque is crossed and made payable to "**CHANGI GENERAL HOSPITAL PTE LTD**"
4. Write your name and contact number on the reverse of your cheque and enclose the registration form.
5. If your payment is for more than one participant, do clearly state the name(s) of the participant(s)
6. Please do not send any post-dated cheque.
7. All cheques should be mailed to: Attention: **Ms Pauline Soon, TRaCS, CHANGI GENERAL HOSPITAL PTE LTD, 2 SIMEI STREET 3, SINGAPORE 529889**

Enquires

Please email your enquiries to: Jass_Kee@cgh.com.sg (DID: 6850 4484)