

Mini-Art Workshop

5 March 2018 (Mon), 9am – 6pm

Organised by:

EMDR
SINGAPORE

Workshop Outline

The Mini-Art is a workshop where Roger Solomon conducts six individual sessions with six participants, while other participants watch the sessions. Hence, for the majority of the participants, it is a workshop to learn more about the utilisation of EMDR therapy through observations.

Only six participants have the opportunity to do some personal work. These participants should think about what they want to work on - a present trigger (a recent time the problem was experienced), and its past connecting memories. Many choose to work on complex issues involving “parts, so that stabilization, co-consciousness, and cooperation can be achieved.

Participants who would like to volunteer to do personal work with Roger need to give permission to be videotaped, and agree to get follow-up as needed. Other EMDR therapists who are observing will take an oath of confidentiality, so as to establish a safe environment and ‘no-shame zone’ for our volunteers as they work through their vulnerability during demonstration.

Registration Details

- Venue:** NTU@One-North Executive Centre
11 Slim Barracks Rise, Singapore 138664.
- Fees:** SGD 300/450 (member/non-member by 31 Dec 2017, Early Bird)
SGD 400/550 (member/non-member by 13 Feb 2018, Closing Date)
Fees inclusive of *EMDR Community Dinner with Roger* on 28 Feb 2018, 6-8:30pm.
- Register at http:** <https://goo.gl/forms/oWdVn05AiN8gPuMX2>
Please attach a soft copy of your Certificate of Completion of 2-Part EMDR Basic Training and Master Class when registering. *Shortlisted registrants will be contacted for confirmation of a place in the Mini-Art workshop.*
- Payment:** Mail cheque payable to **EMDR Singapore** to **Blk 505 Pasir Ris St 52 #10-199, Singapore 510505** by 31 Dec 2017 for Early Bird / 13 Feb 2018 for Closing Date. Bank transfer available.
- Please note:** Workshop limited to 6 demo ‘clients’ and 18 clinicians. Priority given to those who have completed 2-Part EMDR Basic Training and a previous Master Class. *Registration is not complete without payment and documentation.*
- Cancellation:** Cancellation fees of SGD100 apply after 31 Dec 2017. No refund for cancellations after 13 Feb 2018. Payment may not be used for credit for a later date training but current bookings are transferable to another person.
- Enquiry:** secretary.emdr.sg@gmail.com



About the Trainer

Roger Solomon, Ph.D. is a clinical psychologist specialising in trauma and grief. He has been Senior Faculty with the Eye Movement Desensitisation and Reprocessing (EMDR) Institute since 1993 and was trained by Francine Shapiro, Ph.D. the founder of EMDR. He teaches on EMDR internationally; he provides advanced training in the utilisation of EMDR with complex trauma, complicated grief and mourning, and the “Art” of EMDR. He is a consultant with the US Senate, NASA, and several law enforcement and military organisations. Dr. Solomon has co-authored and co-presented with Onno van der Hart, Ph.D. and Ellert R. S. Nijenhuis, Ph.D. on the utilisation of EMDR therapy with complex trauma. He has authored or co-authored 41 articles and book chapters pertaining to EMDR, trauma, grief, acute trauma and law enforcement stress.